

**EMORY UNIVERSITY SCHOOL OF MEDICINE  
STANDARD CURRICULUM VITAE**

Revised: 11/12/2024

1. **Name:** Rebecca L. Schneider, PhD
2. **Office Address:**  
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3. **E-mail Address:** Rebecca.l.schneider@emory.edu
4. **Current Titles and Affiliations:**
  - a. **Academic Appointments:**
    1. **Primary Appointments:**  
Assistant Professor, Department of Psychiatry and Behavioral Sciences, Emory University School of Medicine, October 2020 – present
    2. **Joint Appointments:**  
Associated Assistant Professor (Secondary Appointment), Department of Psychology, Emory University, 2022 – present
  - b. **Clinical Appointments:**
    1. Staff Psychologist, Emory Healthcare, October 2020 - present
  - c. **Other Administrative Appointments:**
    1. Director, Child OCD Program at Emory (COPE), 2020 - present
5. **Previous Administrative and/or Clinical Appointments:**
  - a. Research Assistant, Anxiety and Stress Lab, The University of North Carolina at Chapel Hill, 2009 – 2011
  - b. Assistant Research Coordinator, Mood and Anxiety Program (MAP), Emory University SOM, 2011 - 2013
  - c. Intake Coordinator, Attention, Behavior, and Learning Clinic, University of Colorado Boulder, 2015 – 2016
  - d. Clinical Psychology Extern, Children’s Hospital Colorado, 2016 - 2018
  - e. Behavioral Therapist, New England Center for OCD and Anxiety, 2019 - 2020
  - f. Intake Manager, Child and Adolescent Mood Program (CAMP), 2022 - 2023
6. **Licensures:**
  - a. Georgia, Issued 2020
7. **Education:**
  - a. BA, Psychology, Minors: Creative Writing, Hebrew, The University of North Carolina Chapel Hill, 2007 - 2011
  - b. MA, Clinical Psychology, University of Colorado Boulder, 2013 - 2015
  - c. PhD, Clinical Psychology, University of Colorado Boulder, 2015 - 2019
8. **Postgraduate Training:**
  - a. Doctoral Psychology Internship, Lucile Packard Children’s Hospital at Stanford/Children’s Health Council, Training Directors: Michelle Brown, PhD, Lydia Flasher, PhD, Palo Alto, CA, 2018 - 2019
  - b. Postdoctoral Fellowship, Child and Adolescent OCD Institute, McLean Hospital/Harvard Medical

School, Supervisors: Lisa Coyne, PhD, Alyssa Faro, PhD, Maria Fraire, PhD, Middleborough, MA, 2019 - 2020

**9. Continuing Professional Development Activities:**

- a. Supportive Parenting for Anxious Childhood Emotions (SPACE) Training Workshop, 2021
- b. Behavior Therapy Training Institute (BTTI), International OCD Foundation, 2022
- c. Comprehensive Behavioral Intervention for Tics (CBIT) Training, Tourette Association of America, 2024
- d. Junior Faculty Development Course, Emory University SOM, 2024

**10. Society Memberships:**

- a. Association for Behavioral and Cognitive Therapies, 2013 – present
- b. Association for Contextual Behavioral Science, 2015 – present
  1. Co-founder and Executive Council Member, OCD and Related Disorders Special Interest Group (SIG), 2021 - present
- c. International Obsessive Compulsive Disorder Foundation, 2020 – present
  1. Board Member, OCD Georgia, 2021 - present
  2. Co-founder and SIG Leader, Acceptance and Commitment Therapy SIG, 2022 - present
- d. Anxiety and Depression Association of America, 2020 – present
- e. Georgia Psychological Association, 2023 – present

**11. Committee Memberships:**

- a. **Regional:**
  1. Member, Early Career Psychologist Committee, Georgia Psychological Association, 2023 – 2024
- b. **Institutional:**
  1. Member, Department of Psychiatry and Behavioral Sciences Faculty Development Women's Subcommittee, 2021 – present
  2. Member, Emory University SOM Mentoring Collaborative, 2024 – present
  3. Member, Emory Child Psychiatry Department Faculty Search Committee, 2024

**12. Peer Review Activities:**

- a. **Manuscripts:**
  1. Neuropsychiatric Disease and Treatment, 2015
  2. Journal of Consulting and Clinical Psychology, 2019
  3. Journal of Affective Disorders, 2021
  4. Child Psychiatry & Human Development, 2022
  5. Behavior Therapy, 2023
- b. **Conference Abstracts:**
  1. **National and International:**
    - i. Association for Behavioral and Cognitive Therapies Conference, Philadelphia, PA, 2024

**13. Organization of Conferences:**

- a. **National and International:**
  1. **Sessions as Chair:**
    - i. Symposium Chair, "Processes of change," 14<sup>th</sup> Annual World Conference of the Association for Contextual Behavioral Science, Seattle, WA, June 2016
    - ii. Symposium Co-Chair, "Evaluating prominent theories concerning the role of stress in anxiety and depression trajectories," 51<sup>st</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA, November 2017

**14. Clinical Service Contributions:**

- a. Developed a high-acuity externship training track at Children's Hospital Colorado, 2017
- b. Co-developed and led a process group for the Partial Hospitalization Program at Children's

Hospital Colorado, 2018

- c. Co-developed and led an ACT parent group, new adolescent groups, and multifamily group at OCDI Jr./McLean Hospital, 2019 - 2020
- d. Assisted in the restructuring of the intake and admissions process at OCDI Jr./McLean Hospital, 2019 - 2020
- e. Initiated and managed the update and re-organization of clinical data collection and data management procedures at OCDI Jr./McLean Hospital, 2019 - 2020
- f. Developed the Child OCD Program at Emory (COPE), a group telehealth-based intensive outpatient program for youth with OCD at Emory University SOM, 2020 – present
- g. Facilitated discussion on implementation of PSYPACT program in the Child and Adolescent Mood Program (CAMP) at Emory University SOM, July 2022
- h. Developed a therapeutic summer camp series, COPE with courage: a summer CAMP series, for youth with anxiety, OCD, and/or emotion dysregulation at Emory University SOM, 2023 – present

**15. Contributions to Diversity, Equity, and Inclusion:**

- a. Focus on providing clinical care through COPE to underrepresented and low-income populations in rural Georgia communities
- b. Speaker and participant in the Annual Faith and OCD Conference
- c. Listed on the Department of Psychiatry and Behavioral Sciences Diversity Contact List as a faculty member willing to be contacted as a resource for information on Judaism

**16. Community Outreach:**

**a. General:**

- 1. Yoga, mindfulness, and kids. Community education presentation at Children's Health Council. Palo Alto, CA, December 2018.
- 2. Please pass the poop! Group ERP activities for contamination obsessions involving bodily excretions. Youth program workshop accepted for the 26th Annual Convention of the International Obsessive Compulsive Disorder Foundation. New York, NY, July 2020. (conference cancelled)
- 3. Simon Says, "practice exposure!" Finding OCD exposure opportunities in everyday activities. Youth program workshop accepted for the 26th Annual Convention of the International Obsessive Compulsive Disorder Foundation. New York, NY, July 2020. (conference cancelled)
- 4. How sad is too sad? When to be concerned about your child's mental health. Community education presentation at Mattapoisett Library. Mattapoisett, MA, December 2020. (online presentation)
- 5. Co-convenor of a 9-person, internationally-attended DNA-V peer consultation group, 2 hours/month, February 2021 - August 2022
- 6. 1-2-3 Blast off! A family values activity. Youth program workshop presented at the International Obsessive Compulsive Disorder Foundation Online OCD Camp, July 2021. (virtual conference)
- 7. Name that exposure! Youth program workshop presented at the 27th Annual Convention of the International Obsessive Compulsive Disorder Foundation. Denver, CO, July 2022.
- 8. Outsmarting your OCD: Dodging traps & preventing relapse. Youth program workshop presented at the 27th Annual Convention of the International Obsessive Compulsive Disorder Foundation. Denver, CO, July 2022.
- 9. Simon Says, "Touch the Toilet!" Finding OCD ERP Opportunities In Daily Activities and Making it Fun. Youth program workshop presented at the 27th Annual Convention of the International Obsessive Compulsive Disorder Foundation. Denver, CO, July 2022.
- 10. Room parent, Weinberg Early Learning Center, Atlanta, GA, 2022 – 2023,
- 11. Member of the mental health taskforce "ShalomCare" at The Temple, Atlanta, GA, October 2022 – present
- 12. For Kids and Parents: Talking about Faith and OCD with Kids. Presentation at the International Obsessive Compulsive Disorder Foundation Faith and OCD Conference, May 2023 (virtual conference)

13. Technology, Anxiety, and Teens – A Program for Parents. Panel presentation at The Temple. Atlanta, GA, November 2023.
14. How to speak with your preschoolers about the situation in Israel. Community education presentation and discussion at the Weinberg Early Learning Center. Atlanta, GA, November 2023.
15. What Do You Meme? Use of Defusion in Treatment. Youth program workshop presented at the International Obsessive Compulsive Disorder Foundation Online OCD Camp, January 2024. (virtual conference)
16. Facilitator for Children’s Hospital of Atlanta’s (CHOA) Behavioral and Mental Health Project ECHO Series “Pediatric Obsessive Compulsive Disorder,” January – April 2024.
17. For Kids and Parents: Talking about Faith and OCD with Kids. Presentation at the International Obsessive Compulsive Disorder Foundation Faith and OCD Conference, April 2024 (virtual conference)
18. Misophonia Support Group. Led at the 29th Conference of the International Obsessive-compulsive Disorder Foundation. Orlando, FL, July 2024

**b. Media Appearances:**

1. The Daily Beast, “For People Who Hate Loud Noises, There’s a New Therapy,” (<https://www.thedailybeast.com/for-people-who-hate-loud-noises-there’s-a-new-therapy>), February 2018.
2. Knops, “Good News for Everyone with Misophonia: There’s a Treatment,” (<https://knops.co/magazine/misophonia-treatment/>), July 2018.
3. Colorado Arts and Sciences Magazine, “Battling Anxiety Through Emotional Flexibility,” (<https://www.colorado.edu/asmagazine/2019/02/25/battling-anxiety-through-emotional-flexibility>), February 2019.
4. Emory Psychiatry Magazine, “Getting Your Life Back,” ([https://med.emory.edu/departments/psychiatry/\\_documents/emory-psychiatry-newsletter\\_twentythree.pdf](https://med.emory.edu/departments/psychiatry/_documents/emory-psychiatry-newsletter_twentythree.pdf)), May 2023.
5. Schneider, R. L. & Petersen, J. M. (August 2023). Everything You Wanted to Know About IOPs for Pediatric OCD. ADAA Professional Blogs. <https://adaa.org/learn-from-us/from-the-experts/blog-posts/professional/everything-you-wanted-know-about-iops>
6. Morris, N. (Host). (2023, November 24). OCRD Series II, Part IV: Misophonia: A Case for an Emerging OCRD with Dr. Rebecca Schneider, Ph.D. [Audio Podcast Episode]. OCD Family Podcast. <https://www.ocdfamilypodcast.com>

**17. Honors and Awards:**

- a. National Merit Finalist Scholarship, 2007
- b. Dean’s List, every semester, 2007-2011
- c. Phi Beta Kappa, 2010
- d. BA awarded with Highest Distinction, 2011
- e. Psychology and Neuroscience Department Travel Award, 2014, 2015, 2017
- f. ACBS Student World Conference Scholarship, 2016
- g. ABCT Mindfulness and Acceptance SIG Invited Student Presentation, 2016
- h. Sheryl R. Young Memorial Scholarship, for an outstanding graduate student in the sciences, 2017
- i. Graduate School Domestic Travel Grant, 2017
- j. United Government of Graduate Students Travel Grant, 2017
- k. ADAA Child and Adolescent SIG Early Career Award, 2021
- l. Emory School of Medicine Doctors’ Day Recognition, 2022
- m. Behavior Therapy Training Institute (BTTI) Diversity Scholarship, 2022
- n. ACBS Early Career Mentorship Program, 2022
- o. ADAA Career Development Leadership Program, 2023
- p. CAMP Doctoral Internship Outstanding Teaching and Supervision Award, 2023
- q. Emory School of Medicine Researcher Appreciation Day Recognition, 2023
- r. Distinguished Service Award: National/International Service, Emory SOM Department of Psychiatry and Behavioral Sciences, 2024

## 18. Formal Teaching:

### a. Course Direction and Organization:

1. Teaching Assistant, University of Colorado Boulder Undergraduate Course, Fall 2013, Fall 2014. Introduction to Cognitive Psychology. 5 hours/week.
2. Teaching Assistant, University of Colorado Boulder Undergraduate Course, Spring 2014. Psychopathology. 20 hours/week.
3. Teaching Assistant, University of Colorado Boulder Undergraduate Course, Spring 2015. Statistics and Research Methods in Psychology. 20 hours/week.
4. Teaching Assistant, University of Colorado Boulder Undergraduate Course, Fall 2015. Psychology of Personality. 5 hours/week.
5. Teaching Assistant, University of Colorado Boulder Undergraduate Course, Fall 2015, Spring 2018. General Psychology. 5 hours/week.
6. Teaching Assistant, University of Colorado Boulder Undergraduate Course, Spring 2016. Abnormal Psychology. 10 hours/week.
7. Teaching Assistant, University of Colorado Boulder Undergraduate Course, Fall 2016, Spring 2017. Developmental Psychology. 10 hours/week.
8. Teaching Assistant, University of Colorado Boulder Undergraduate Course, Fall 2017. Psychological Statistics. 20 hours/week.
9. Co-instructor, Psychology Graduate Program, PSYC 770 4-part Seminar, Summer 2021. Evidence-based Assessment and Treatment for OCD. 8 didactic hours.
10. Co-instructor, Psychology Graduate Program, PSYC 770 2-part Workshop, Summer 2022. Providing Values-consistent and Culturally-responsive Interventions for Obsessive-Compulsive Disorder. 8 didactic hours.

### b. Institutional Lecture Duties Within the Setting of a Course or Rotations:

1. Psychology Doctoral Internship Program, Invited Lecture, January 2021. Special Topics: Challenges in ERP Treatment. 1 didactic hour.
2. Psychology Graduate Program, PSYC 541 Invited Lecture, September 2021. OCD and Related Disorders. 2.5 didactic hours.
3. Invited panelist, Evidence-based Psychotherapy undergraduate course, University of Colorado Boulder, "Evidence-based Practice Panel," January 2021, Boulder, CO, virtual presentation.
4. Psychology Doctoral Internship Program, Invited Lecture, January 2022. Using Exposure and Response Prevention to Treat OCD. 1 didactic hour.
5. Psychology Doctoral Internship Program, Invited Lecture, January 2022. Acceptance and Commitment Therapy for OCD. 1 didactic hour.
6. Psychology Doctoral Internship Program, Invited Lecture, January 2022. Addressing OCD Comorbidities Using Dialectical Behavior Therapy. 1 didactic hour.
7. Psychology Graduate Program, PSYC 541 Invited Lecture, October 2022. OCD and Related Disorders. 1 didactic hour.
8. Psychology Doctoral Internship Program, Invited Lecture, January 2023. Getting Unstuck: Troubleshooting ERP Difficulties. 1 didactic hour.
9. Invited panelist, Evidence-based Psychotherapy undergraduate course, University of Colorado Boulder, "Evidence-based Practice in the Real World," September 2023, Boulder, CO, virtual presentation.
10. Psychology Doctoral Internship Program, Invited Lecture, January 2024. SPACE Treatment for Pediatric OCD. 1 didactic hour.
11. Psychiatry Fellows, Invited Lecture, May 2024. Using Exposure and Response Prevention to Treat OCD. 1 didactic hour.
12. Psychology Doctoral Internship Program, Invited Lecture, December 2024. Introduction to OCD. 1 didactic hour.
13. Psychology Doctoral Internship Program, Invited Lecture, December 2024. Introduction to Exposure and Response Prevention. 1 didactic hour.

### c. Small Group and Multi-Disciplinary Teaching:

1. Invited presentation, Community Residence Counselor Didactic Series, Child and

Adolescent OCD Institute, McLean Hospital, "Exposure and Response Prevention: Maximizing Learning," March 2020, Belmont, MA.

2. Invited presentation, Community Residence Counselor Didactic Series, Child and Adolescent OCD Institute, McLean Hospital, "Demystifying the Treatment Plan," April 2020, Belmont, MA.
3. Invited presentation, Community Residence Counselor Didactic Series, Child and Adolescent OCD Institute, McLean Hospital, "Incorporating Parents into ERPs," April 2020, Belmont, MA.
4. Invited presentation, Community Residence Counselor Didactic Series, Child and Adolescent OCD Institute, McLean Hospital, "Rolling with Resistance: How to Respond When a Patient Refuses ERP," April 2020, Belmont, MA.
5. Invited presentation, Community Residence Counselor Didactic Series, Child and Adolescent OCD Institute, McLean Hospital, "Skills: Use, Misuse, and How to Tell the Difference," May 2020, Belmont, MA.
6. Invited presentation, Community Residence Counselor Didactic Series, Child and Adolescent OCD Institute, McLean Hospital, "Cognitive Rituals and Reassurance Traps: ERP Guidelines," May 2020, Belmont, MA.
7. Invited presentation, Community Residence Counselor Didactic Series, Child and Adolescent OCD Institute, McLean Hospital, "Imaginal Exposures," June 2020, Belmont, MA.
8. Invited presentation, Community Residence Counselor Didactic Series, Child and Adolescent OCD Institute, McLean Hospital, "Maximizing Inhibitory Learning," June 2020, Belmont, MA.
9. Invited presentation, Community Residence Counselor Didactic Series, Child and Adolescent OCD Institute, McLean Hospital, "Introduction to Exposure and Response Prevention," July 2020, Belmont, MA.
10. Psychology Training Program, 2-part Workshop, August 2023. Interventions for Obsessive-Compulsive Disorder. 8 didactic hours.

#### 19. Supervisory Teaching:

##### a. Bedside Teaching/Clinic Precepting:

1. Arch Lab group assessment supervision, graduate students, 1 hour/week, 2016 - 2018
2. McLean Post-baccalaureate Fellows Program individual supervision, post-baccalaureate counselors, 1 hour/week, 2019 - 2020
3. McLean research supervision, research assistant, 1 hour/week, 2019 - 2020
4. McLean community residence counselor individual and group supervision, post-baccalaureate counselors, 1-3 hours/week, 2019 - 2020
5. COPE group supervision, graduate students, doctoral interns, postdoctoral fellows, 1-2 hours/week, 2021 – present
6. COPE co-therapy and live supervision, graduate students, doctoral interns, postdoctoral fellows, 4-8 hours/week, 2021 – present
7. Individual clinical supervision, doctoral interns, postdoctoral fellows, 2-4 hours/week, 2021 - present
8. ACT group supervision, doctoral interns, 1 hour/week, 2022 - 2023

##### b. Mentoring Activities:

*Postdoctoral or Clinical Fellows*

<b>Name</b>	<b>Year(s) supervised</b>	<b>Current position and employer</b>
Jamie Kennedy	2021 - 2022	Private practice
Jensi Gise	2023 – 2024	Psychologist, CHOA
Rebecca Lipschutz	2023 - 2024	Postdoctoral fellow, Grady
Skyler VanMeter	2024 – present	Postdoctoral fellow, Emory COPE

*Doctoral Interns*

<b>Name</b>	<b>Year(s) supervised</b>	<b>Current position and employer</b>
April Brown	2021	Private practice, Anxiety Specialists of Atlanta
Shauna Bowes	2021 - 2023	Postdoctoral fellow, Vanderbilt University
Blaire Pigeon	2022	Postdoctoral fellow, Northwestern University
Victoria Lawlor	2022 - 2024	Postdoctoral fellow, Anxiety Specialists of Atlanta
Brittany Robbins	2022 – 2023	Doctoral internship, Emory CAMP
Viviane Valdes	2022 – 2023	Postdoctoral fellow, Boston Children’s Hospital
Elaine Johnson	2022 - 2023	Assistant Teaching Professor, Emory University
Chris King	2023 - present	Doctoral internship, Emory CAMP
Nia Barbee	2023 - 2024	Doctoral internship, Emory CAMP
Nilo Vafaie	2024 - present	Doctoral internship, Emory CAMP

*Graduate Students (includes master’s and doctoral students)*

<b>Name</b>	<b>Year(s) supervised</b>	<b>Current position and employer</b>
Viviane Valdes	2021	Postdoctoral fellow, Boston Children’s Hospital
Daniel Lanni	2021 - 2022	PhD Graduate student, GSU
Melissa Engel	2022 - 2023	Postdoctoral fellow, Lurie Children’s Hospital
Brennah Ross	2022 - 2024	PhD Graduate student, GSU
Meghan Goyer	2022 - 2023	Doctoral internship, Johnson City, TN VA
Erin McDonald	2022 - 2024	Doctoral internship, Dartmouth-Hitchcock Medical Center
Olivia Westemeier	2023 - present	PhD Graduate student, GSU
Elizabeth Kushner	2024 - present	PhD Graduate student, Emory
Sarah Moran	2024 - present	PhD Graduate student, GSU
Jena Michel	2024 - present	PhD Graduate student, GSU
Emily Weiss	2024 - present	PhD Graduate student, GSU
Emily Tan	2024 - present	PhD Graduate student, GSU

*Undergraduate Students*

<b>Name</b>	<b>Year(s) supervised</b>	<b>Current position and employer</b>
Marissa Grant	2017 - 2018	PhD Graduate student, CU Boulder
Nicole Mattson	2017 - 2018	

*Other (e.g., Visiting Scholars, Junior Faculty)*

<b>Name</b>	<b>Year(s) supervised</b>	<b>Current position and employer</b>
Desmen DePaulis	2019	
Mikala Grimaldi	2019 - 2020	MSW Graduate intern, Boston College
Morgan Browning	2019 - 2020	PsyD Graduate student, Antioch New England
Emily Kumpf	2020	Research Associate, Johns Hopkins
Jovana Calvillo	2020	MSW Graduate student, Boston College

**20. Lectureships, Seminar Invitations, and Visiting Professorships:**

**a. National and International:**

1. Invited speaker, Arch Psychology Lab, University of Colorado Boulder, "Psychology Career in an Academic Medical Center," October 2022, Boulder, CO, virtual presentation.
2. **Schneider, R. L.\*** & LoPilato, A.\* (2023, May). Misuse of ACT Skills in Exposures. Workshop presented for the ACT and OCD Special Topics Series through the ACBS OCD SIG (oral presentation)
3. Faro, A. L.\* & **Schneider, R. L.\*** (2023, November). Applying ACT-based ERP for Adolescents. Workshop presented for the ACT and OCD Special Topics Series through the ACBS OCD SIG and the IOCDF ACT SIG (oral presentation)
4. Invited presentation, OCD, BDD, and Related Disorders Clinic at the Maudsley Hospital, "Group ERP for OCD," March 2024, London, England, virtual presentation.
5. Invited speaker, Clinical Psychology Proseminar, University of Colorado Boulder, "Intensive Treatment for Pediatric OCD," November 2024, Boulder, CO, virtual presentation.

**b. Regional:**

1. Invited grand rounds presentation, Children's Hospital of Atlanta Behavioral Mental Health / Marcus Autism Center, "Innovations in OCD Treatment," September 2023.

**c. Institutional:**

1. Invited presentation, Community Clinic, Children's Health Council, "Values-Enhanced Exposure Therapy for the Treatment of Social Anxiety in Emerging Adults," December 2018, Palo Alto, CA.
2. Invited presentation, Consult-Liaison Service, Lucile Packard Children's Hospital at Stanford, "Acceptance and Commitment Therapy: Applications to Cancer Populations," March 2019, Palo Alto, CA.
3. Invited panelist, Child and Adolescent Division, McLean Hospital/Harvard Medical School, "Making the Most of Zoom: Providing Exceptional Care During Uncertain Times," March 2020, Belmont, MA, virtual presentation.

**21. Invitations to National/International, Regional, and Institutional Conferences:**

**a. National and International:**

1. Invited student presentation at the Mindfulness and Acceptance Special Interest Group meeting, 50th Annual Convention of the Association for Behavioral and Cognitive Therapies,



"Bi-directional Relationship of Life Stress and Anxiety," New York, NY, October 2016.

2. Invited presentation, 1st International Misophonia Research Symposium, "Case Study: A Novel Application of Mindfulness- and Acceptance-based Components to Treat Misophonia," San Francisco, CA, August 2018.
3. Invited presentation at the Child and Adolescent Special Interest Group meeting, 40th Annual Convention of the Anxiety and Depression Association of America, "The Development of an ACT-based DNA-V Multifamily Group for Youth OCD," Virtual conference, March 2021.

## 22. Abstract Presentations at National/International, Regional, and Institutional Conferences:

### a. National and International:

1. Wheaton, M. G. \*, Berman, N. C., **Schneider, R.L.**, Franklin, J. C., & Abramowitz, J. S. (2010, March). Experiential avoidance and anxiety sensitivity in the prediction of health anxiety. Poster presented at the 30th Annual Conference of the Anxiety Disorders Association of America. Baltimore, MD. (poster presentation)
2. Fabricant, L. E. \*, **Schneider, R. L.**, Wheaton, M. G., Berman, N. C., Mahaffey, B. & Abramowitz, J. S. (2011, November). Role of dysfunctional cognitions, experiential avoidance, and mindfulness in the prediction of posttraumatic stress symptoms. Poster presented at the 45th Annual Convention of the Association for Behavioral and Cognitive Therapies. Toronto, Canada. (poster presentation)
3. Dunlop, B. W. \*, **Schneider, R. L.**, Aponte-Rivera, V., Ramirez, C., Kelley, M., Mayberg, H., & Craighead, E.W. (2012, November). Recruitment of Spanish-speaking participants into a large clinical trial for major depressive disorder. Poster presented at the Annual Conference of the National Network of Depression Centers. Rochester, Minnesota. (poster presentation)
4. **Schneider, R. L.\***, Arch, J.J., & Wolitzky-Taylor, K.B. (2014, November). The state of personalized treatment for anxiety disorders: A systematic review of treatment moderators. Poster presented at the 48th Annual Convention of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA. (poster presentation)
5. Landy, L. L. \*, Ashar, Y. K., **Schneider, R. L.**, Koban, L., & Arch, J. J. (2015, November). Brief self-compassion intervention aids recovery from performance task in adults with SAD. Poster presented at the 49th Annual Convention of the Association for Behavioral and Cognitive Therapies. Chicago, IL. (poster presentation)
6. **Schneider, R. L.\***, Arch, J. J., & Hankin, B. L. (2015, November). The longitudinal effect of emotion regulation strategies on anxiety levels in children and adolescents. Poster presented at the 49th Annual Convention of the Association for Behavioral and Cognitive Therapies. Chicago, IL. (poster presentation)
7. **Schneider, R. L.\***, Arch, J. J., & Wolitzky-Taylor, K. B. (2015, November). The state of personalized treatment for anxiety disorders: A review of treatment moderators. Paper presented at the 49th Annual Convention of the Association for Behavioral and Cognitive Therapies. Chicago, IL. (oral presentation)
8. **Schneider, R. L.\***, Landy, L. N., Arch, J. J., & Hankin, B. L. (2016, June). The longitudinal effect of ACT-targeted emotion regulation strategies on anxiety levels in youth. Paper presented at the 14th Annual World Conference of the Association for Contextual Behavioral Science. Seattle, WA. (oral presentation)
9. **Schneider, R. L.\***, Arch, J. J., & Hankin, B. L. (2016, October). Bi-directional relationship of life stress and anxiety. Poster presented at the 50th Annual Convention of the Association for Behavioral and Cognitive Therapies. New York, NY. (poster presentation)
10. Ferris, M. \*, **Schneider, R. L.**, Koban, L., Arch, J. J. (2017, April). Negative self-portrayal subscales predict corresponding categories of speech task self-feedback. Poster presented at the 97th Annual Meeting of the Western Psychological Association. Sacramento, CA. (poster presentation)
11. **Schneider, R. L.\***, Arch, J. J., & Hankin, B. L. (2017, November). The relationship between stressful life events and anxiety symptoms: Longitudinal support for stress causation but not stress generation. Paper presented at the 51st Annual Convention of the Association for Behavioral and Cognitive Therapies. San Diego, CA. (oral presentation)
12. **Schneider, R. L.\*** & Arch, J. J. (2018, November). Values-enhanced exposure therapy for

the treatment of social anxiety in emerging adulthood. Paper presented at the 52nd Annual Convention of the Association for Behavioral and Cognitive Therapies. Washington, D.C. (oral presentation)

13. **Schneider, R. L.\*** & Arch, J. J. (2019, November). Values- versus monetary reward-enhanced exposure therapy for the treatment of social anxiety: Exploration of mediators and moderators. Poster presented at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies. Atlanta, GA. (poster presentation)
14. **Schneider, R. L.**, McKee, L. G., Goyer, M. S.\*, Michel, J., & Faro, A. L. (2020, May). The impact of mindful acceptance on social connectedness and internalizing symptoms in emerging adults. Paper accepted for presentation at the 32nd Annual Convention of the Association for Psychological Science. Chicago, IL. (conference canceled) (oral presentation)
15. Coyne, L. W.\* , **Schneider, R. L.**, Grimaldi, M., & Michel, R. (2020, July). Parenting adolescents with obsessive-compulsive disorder: Parent psychological flexibility and accommodation as predictors of treatment outcome. Paper accepted for presentation at the 18th Annual World Conference of the Association for Contextual Behavioral Science. New Orleans, LA. (virtual conference) (oral presentation)
16. Hart, A. S.\* , Faro, A. L.\* , **Schneider, R. L.\***, Moore, P.\* & Franklin, M.\* (2021, July). Self-harm and suicide obsessions in pediatric OCD: Assessment and treatment considerations. Panel accepted for presentation at the Annual Convention of the International Obsessive Compulsive Disorder Foundation. New York, NY. (conference cancelled) (oral presentation)
17. **Schneider, R. L.\*** & Arch, J. J. (2021, June). Utilizing values to enhance an exposure intervention for social anxiety in college students. Paper presented at the 19th Annual World Conference of the Association for Contextual Behavioral Science. Virtual conference. (oral presentation)
18. Browning, M. E.\*, Lloyd-Richardson, E. E.\* , **Schneider, R. L.\***, Claudio-Hernandez, A.\* (2021, July). A Discussion on Treatment for and Experiences of OCD and Co-Occurring Self-Harm. Panel presented at the 5th Annual OCD Southern California Conference. Virtual presentation. (oral presentation)
19. **Schneider, R. L.\***, Faro, A. L.\* , Cattie, J.\* , & Fraire, M.\* (2021, October). Finding your treatment focus: Using functional assessment to target ERPs. Workshop presented at the Annual Convention of the International Obsessive Compulsive Disorder Foundation. Virtual conference. (oral presentation)
20. **Schneider, R. L.\*** & Kennedy, J. (2021, November). Development of an intensive outpatient program using evidence-based treatment principles for youth OCD. Paper presented at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies. Virtual conference (oral presentation)
21. Goyer, M. S.\*, **Schneider, R. L.**, Faro, A., Moran, S., Michel, J. & McKee, L. (2022, June). The relationship between mindful acceptance, social connectedness, and internalizing symptoms among primarily white emerging adults. Poster presented at the 10th European Conference on Positive Psychology. Reykjavik, Iceland. (poster presentation)
22. LoPilato, A.\* & **Schneider, R. L.\*** (2023, April). Not all that glitters is gold: Skills use and misuse in adolescents. Workshop presented at the Annual Convention of the Anxiety and Depression Association of America. Washington, D.C. (oral presentation)
23. Browning, M. E.\*, **Schneider, R. L.\***, Young, H.\* , Lloyd-Richardson, E.\* , & Morena, A.\* (2023, April). Co-occurring suicidality, nonsuicidal self-injury, and OCD: Assessment, treatment, and research considerations. Workshop presented at the Suicide Research Symposium. Virtual conference. (oral presentation)
24. **Schneider, R. L.\***, Faro, A. L.\* , Mullin, B., & Bonifay, A.\* (2023, July). From song lyrics to scavenger hunts: Group-based exposure therapy for children and adolescents. Workshop presented at the Annual Convention of the International Obsessive Compulsive Disorder Foundation. San Francisco, CA (oral presentation)
25. Twohig, M.\* , Storch, E.\* , **Schneider, R. L.\***, Farrell, N.\* , Faye, M.\* , & Wooley, M.\* (2023, July). Misophonia: A Panel Covering Scientific and Clinical Perspectives on Diagnosis and Treatment. Panel presented at the Annual Convention of the International Obsessive Compulsive Disorder Foundation. San Francisco, CA (oral presentation)

26. **Schneider, R. L.\*** & LoPilato, A.\* (2023, November). Moving Towards Meaning and Fulfillment: Leveraging Values in Adolescent Treatment. Workshop presented at the 57th Annual Convention of the Association for Behavioral and Cognitive Therapies. Seattle, WA (oral presentation)
27. Guzick, A. G.\*, **Schneider, R. L.\***, Petersen, J.\*, Spencer, S. D.\* & McGuire, J. F. (2024, July). Misophonia- It's not OCD. Panel presented at the 29th Conference of the International Obsessive-compulsive Disorder Foundation (IOCDF). Orlando, Florida (oral presentation)
28. Hecht, K.\*, Bodie, J.\*, Fraire, M.\*, Lawler, J. M.\*, McGuire, J. F.\*, **Schneider, R. L.\***, & Simenec, T.\* (2024, November). From abstract to anxious kid: Considerations and challenges in the translation of scientific research to clinical practice in pediatric anxiety and OCD treatment. Clinical roundtable presented at the 58th Annual Convention of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA (oral presentation)

**b. Regional:**

1. **Schneider, R. L.\***, Leopold, D.R.\*, & Chhabildas, N.A.\* (2015, October). Anxiety and depression. Unpacking a diagnosis: The brain and mind behind learning, attentional, and emotional functioning. Presentation at the 25th Reading in the Rockies conference of the Rocky Mountain Branch of the International Dyslexia Association, Beaver Creek, CO. (oral presentation)
2. **Schneider, R. L.\***, Cattie, J.\*, & Moritz, K.\* (2021, June). Functional assessment for OCD: Advanced OCD therapists. Presentation at the Inaugural OCD Southeast Regional Conference. Virtual presentation. (oral presentation)
3. LoPilato, A.\*, **Schneider, R. L.\***, & Hampton-Anderson, J.\* (2023, April). More than a card sort: Leveraging values in adolescent treatment. Workshop presented at the Annual Georgia Psychological Association conference. Athens, GA. (oral presentation)
4. LoPilato, A.\* & **Schneider, R. L.\*** (2024, April) Creative collaborations: Technology x Therapy. Workshop presented at the Annual Georgia Psychological Association conference. Gainesville, GA. (oral presentation)

**c. Institutional:**

1. **Schneider, R. L.\*** (2015, April). The effect of emotion regulation strategies on the development of anxiety. Clinical psychology departmental presentation at the University of Colorado Boulder. (oral presentation)
2. **Schneider, R. L.\*** (2016, September). Values-enhanced exposure therapy for the treatment of social anxiety in adolescents. Clinical psychology departmental research day presentation at the University of Colorado Boulder. (oral presentation)
3. **Schneider, R. L.\***, Michel, R., Gould, E., Faro, A. L., & Coyne, L. (2020, April). The link between depression, self-harm behaviors, and family accommodation in adolescents with severe OCD. Poster to be presented at the 2020 Harvard Psychiatry Research Day. (conference canceled) (poster presentation)

**23. Research Focus:**

My research broadly focuses on mindfulness- and acceptance-based treatments for OCD and anxiety disorders, and how to improve the effectiveness and acceptability of exposure therapy. In addition, I examine the role of emotion regulation and stressors in the development of anxiety, the co-occurrence of OCD and NSSI/SI, and misophonia treatment.

**24. Grant Support:**

**a. Active Support:**

**1. Private Foundation Funded:**

- i. Co-I, Pitts Foundation (PI: Dr. Edward Craighead), Improving Mental Health Services for Youth in Georgia, 2020 - present
- ii. PI, Catherine Hardman Foundation. \$150,000 in support of a postdoctoral fellow for two years to expand the Child OCD Program at Emory, 2023 - 2025
- iii. MPI, Jack Mental Health Advocacy. Plant a Camp. \$15,000 to support the development of a summer camp for youth with OCD in conjunction with OCD Georgia and the

International OCD Foundation, 2023 - 2024

- iv. Co-I, Sparks Foundation (PI: Dr. Allison LoPilato), Developing and Testing a Novel Intervention for Rural Youth, \$1,150,000, 2023 - 2027

**b. Previous Support:**

1. Assistant research coordinator, NIMH/NIH (PI: Dr. Edward Craighead, RO1 MH080880, PI: Dr. Helen Mayberg, P50 MH077083), Predictors of Treatment Response, Relapse, and Recurrence in Major Depression, 2011-2013
2. Study assessor, Templeton Foundation, Science of Prospecion Award (Co-PIs: Drs. Joanna Arch and Jessica Andrews-Hanna), Neurocognitive Mechanisms of Functional and Dysfunctional Prospective Thought, 2014-2016
3. Study assessor and therapy adherence coder, American Cancer Society, Research Scholar Grant (PI: Dr. Joanna Arch, RSG-15-020-01), A Novel Acceptance-based Intervention for Anxious Cancer Survivors, 2015-2018
4. CBT therapist, NIMH/NIH (PI: Dr. Benjamin Hankin, R01MH077195), Bending Adolescent Depression Trajectories Through Personalized Prevention, 2015-2016
5. PI, Sheryl R. Young Memorial Scholarship, University of Colorado Boulder, Values Versus Monetary-reward Enhanced Exposure Therapy for the Treatment of Social Anxiety in Emerging Adulthood, \$4,000, 2017-2018

**25. Bibliography:**

**a. Published and Accepted Research Articles (clinical, basic science, other) in Refereed Journals:**

1. Dunlop, B. W., **Schneider, R. L.**, & Gerardi, M. (2012). Panic disorder: Break the fear circuit. *Current Psychiatry*, 11(11), 37-44.
2. Aponte-Rivera, V., Dunlop, B. W., Ramirez, C., Kelley, M. E., **Schneider, R.**, Blastos, B., Larson, J., Mercado, F., Mayberg, H. and Craighead, W. E. (2014), Enhancing Hispanic participation in mental health clinical research: Development of a Spanish-speaking depression research site. *Depression and Anxiety*, 31(3), 258-267.
3. **Schneider, R. L.**, Arch, J. J., Landy, L. N., & Hankin, B. L. (2016). The longitudinal effect of emotion regulation strategies on anxiety levels in children and adolescents. *Journal of Clinical Child & Adolescent Psychology*, 1-14.
4. Koban, L., **Schneider, R. L.**, Ashar, Y. K., Andrews-Hanna, J. R., Landy, L., Moscovitch, D. A., Wager, T. D., & Arch, J. J. (2017). Social anxiety is characterized by biased learning about performance and the self. *Emotion*, 31(5), 594-609.
5. **Schneider, R. L.** & Arch, J. J. (2017). Case study: A novel application of mindfulness- and acceptance-based principles to treat misophonia. *Journal of Contextual Behavioral Science*, 6(2), 221-225.
6. Arch, J. J., Landy, L. N., **Schneider, R.L.**, Koban, L., & Andrews-Hanna, J. R. (2018). Self-compassion induction enhances recovery from social stressors: Comparing adults with social anxiety disorder and healthy controls. *Anxiety, Stress, & Coping*, 31(5), 594-609.
7. Dunlop, B. W., Still, S., LoParo, D., Aponte-Rivera, V., Johnson, B. N., **Schneider, R. L.**, Nemeroff, C. B., Mayberg, H. S., Craighead, E. W. (2019). Somatic symptoms in treatment-naïve Hispanic and non-Hispanic patients with major depression. *Depression and Anxiety*.
8. Arch, J. J., Genung, S., Ferris, M., Kirk, A., Slivjak, E., Fishbein, J., **Schneider, R. L.**, Stanton, A. L. (2020). Presence and predictors of anxiety disorder onset following cancer diagnosis among anxious cancer survivors. *Supportive Care in Cancer*, 109.
9. **Schneider, R. L.**, Long, E. E., Arch, J. J., & Hankin, B. L. (2020). The relationship between stressful events, emotion dysregulation, and anxiety symptoms among youth: longitudinal support for stress causation but not stress generation. *Anxiety, Stress, & Coping*, 1-16.
10. Browning, M. E., Lloyd-Richardson, E. E., **Schneider, R. L.**, Faro, A. L., Muehlenkamp, J. J., & Claudio-Hernandez, A. (2022). Obsessive compulsive disorder and co-occurring nonsuicidal self-injury: Evidence-based treatments and future research directions. *The Behavior Therapist*.
11. **Schneider, R. L.** & Arch, J. J. (2023). Values- versus monetary reward-enhanced exposure therapy for the treatment of social anxiety in emerging adulthood. *Journal of Anxiety*

*Disorders*, 102788.

12. **Schneider, R.** & Petersen, J. (2023). Feasibility, acceptability, and effectiveness of a telehealth-based intensive outpatient program incorporating acceptance and commitment therapy for adolescents with obsessive compulsive disorder. *Journal of Contextual Behavioral Science*, 100716.
  13. Kaslow, N., Hunnicutt-Ferguson, K., Cattie, J. E., **Schneider, R. L.**, Hampton-Anderson, J. N., Marshall-Lee, E. D., Maples-Keller, J. L., Nelms, S., Burton, M. S., Vinson, J., Haynes, T., Schwenke, T., & Schwartz, A. C. (2024). Maximizing the psychological benefits of writing groups for faculty: A psychologically-informed framework. *Journal on Centers for Teaching and Learning*.
  14. Spencer, S. D., Petersen, J., **Schneider, R. L.**, Guzick, A. G., & McGuire, J. f. (2024). Clinical considerations for integrating ethical principles in the development of evidence-based interventions for youth with misophonia. *Research on Child and Adolescent Psychopathology*.
- b. **Manuscripts Submitted:**
1. Bold your name. List authors, title, journal, year, volume, complete page numbers. Underline the names of your mentees. Be sure to use chronological order. (*Original research articles submitted for publication or currently in revision. Do not include manuscripts in preparation.*)
- c. **Editorial and Commentaries:**
1. **Schneider, R. L.** & Arch, J. J. (2015). Letter to the editor: Potential treatment targets for misophonia. *General Hospital Psychiatry*, 37(4), 370-371.
- d. **Review Articles:**
1. Landy, L., **Schneider, R. L.**, & Arch, J. J. (2015). Acceptance and commitment therapy for the treatment of anxiety disorders: A concise review. *Current Opinion in Psychology*, 2, 70-74.
  2. **Schneider, R. L.**, Arch, J.J., & Wolitzky-Taylor, K.B. (2015). The state of personalized treatment for anxiety disorders: A systematic review of treatment moderators. *Clinical Psychology Review*, 38, 39-54.
  3. Dimidjian, S., Arch, J. J., **Schneider, R. L.**, Desormeau, P., Felder, J. N., & Segal, Z. V. (2016). Considering meta-analysis, meaning, and metaphor: A systematic review and critical examination of “third wave” cognitive and behavioral therapies. *Behavior Therapy*, 47(6), 886-905.
- e. **Book Chapters:**
1. Daigle, K. M., Grimaldi, M. A., **Schneider, R. L.**, & Coyne, L. W. (2022). An ACT approach to assessment, case conceptualization, and treatment. In M. P. Twohig, M. E. Levin, & J. M. Petersen (Eds.), *The Oxford handbook of acceptance and commitment therapy*. Oxford University Press.
  2. **Schneider, R. L.** & Faro, A. L. (2024). Exposure and response prevention for obsessive compulsive disorder. In Nemeroff, C.B. & Craighead, W. E. (Eds.), *The ADAA Patient Guide to Mood and Anxiety Disorders*. American Psychiatric Association Publishing.